



Oswestry & Borders
Foodbank
 Together with Trussell

Give in Lent Calendar

Donate food for the 40 days of Lent. Please check to find out the opening times during Lent and to check if there is anything in particular we're running short of. You can find our food bank details here: oswestryandborders.foodbank.org.uk

18 February

Tinned fruit 1	UHT milk 2	Squash 3	Tinned rice pudding 4
Jam 5	Biscuits 6	Soup 7	Tinned fish 8
Rice 9	Coffee (instant) 10	Cooking sauce 11	Cereal 12
UHT milk 13	Tinned tomatoes 14	Toilet roll 15	Tinned vegetables 16
Custard 17	Long life fruit juice 18	Deodorant 19	Tinned meat 20
Chocolate bars 21	Crackers 22	Shower gel 23	Lentils 24
Instant mashed potato 25	Angel Delight 26	Nappies size 6+ 27	Custard 28
Crisps 29	Washing up liquid 30	Laundry detergent 31	Tinned meat pie 32
Toothpaste 33	Peanut butter 34	Tinned tomatoes 35	Shampoo 36
Tinned vegetables 37	Tinned potatoes 38	Coffee (instant) 39	Tinned meat pie 40

2 April

0300 102 0110
oswestryandborders.foodbank.org.uk

Please deliver food donations to:
 56 Beatrice Street, Oswestry,
 SY11 2RE